

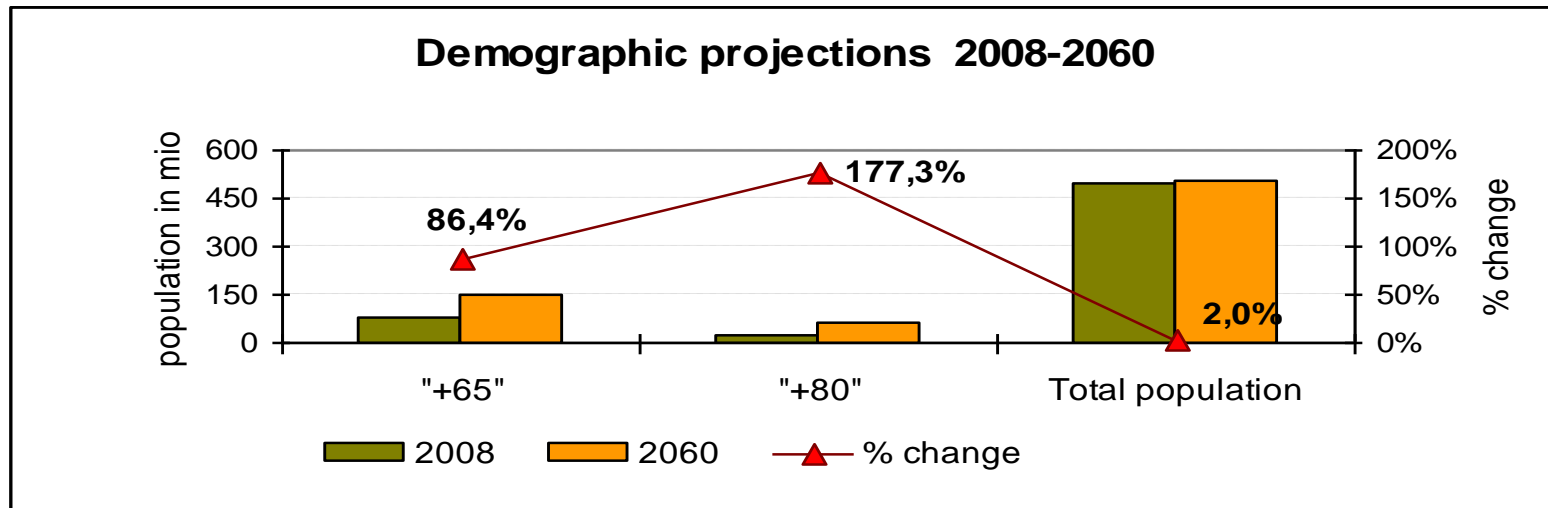
Presentation

- Background

- Physical activity and healthy ageing

- Timeline

Background: Rationale for EIP on Active and Healthy Ageing

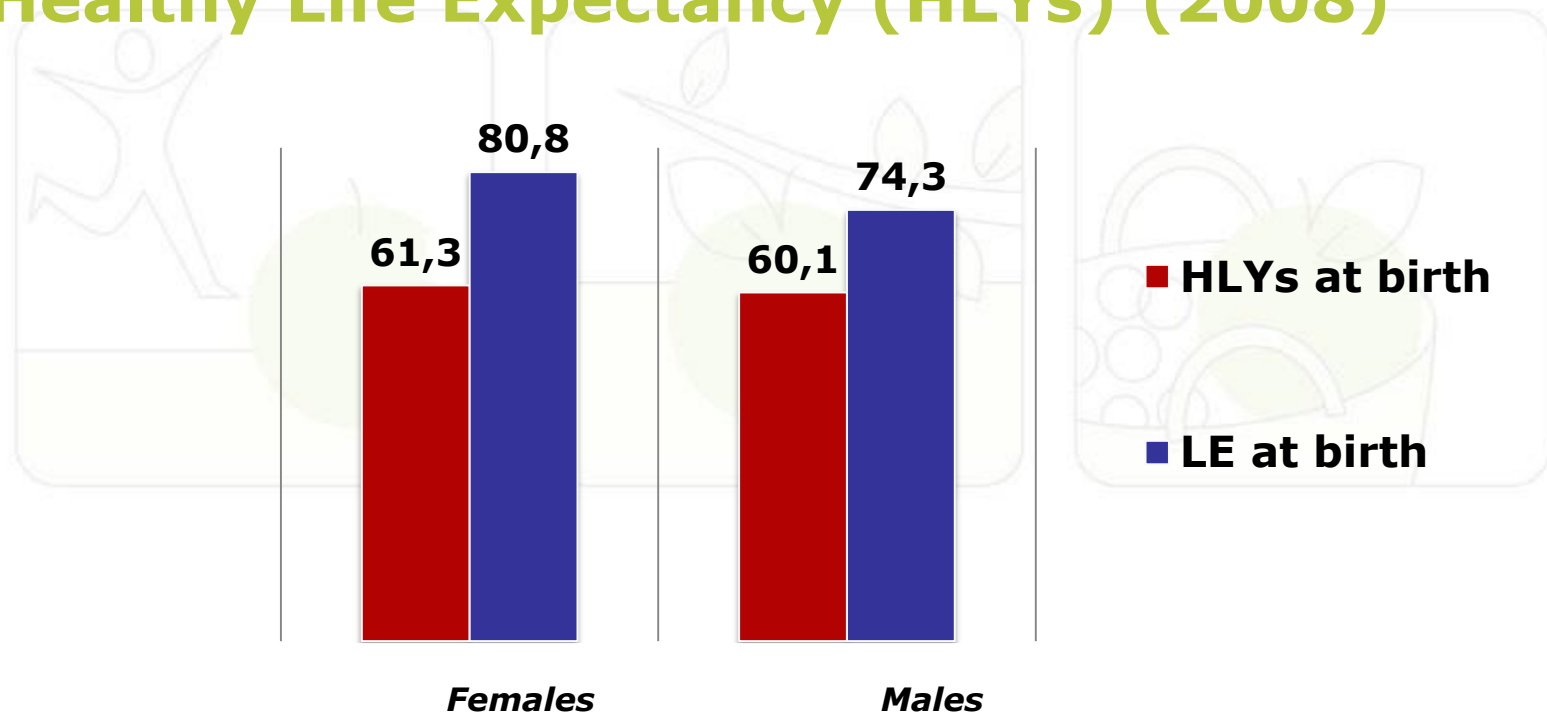


Source: SANCO, based on Ageing Report 2009

- Total health spending - EU average of 9.6% of GDP in 2008
- Total aged-related spending is projected to increase by 4.75% points of GDP by 2060
- Shrinking workforce in the care sector and insufficient number of health specialists

Background:

Life Expectancy (LE) versus Healthy Life Expectancy (HLYs) (2008)



Background: Objectives and headline target

Headline target by 2020

- **Increasing** the number of healthy life years (HLYs) by 2 in the EU on average

A triple win for Europe

- **Enabling EU citizens** to lead healthy, active and independent lives until old age
- **Improving the sustainability** and efficiency of social and health care systems
- **Developing and deploying** innovative solutions, thus fostering competitiveness and market growth

Background

- **Not a new EC instrument**, neither financial nor legal
- **Aligning and optimising the use of existing tools**, under a single and coherent framework
- **Bringing together actors** at all levels and sectors to build synergies whilst mobilising available resources and expertise
- **Defining a common vision** in achieving common objectives and goals, built upon commitments
- **Speeding up the innovation process** from research to market – by removing bottlenecks and barriers and leveraging the demand-supply
- **Scaling up and multiply successful innovation** at EU level

Physical activity and healthy ageing

■ Incidence of falls and fractures

- => 1/3rd of people +65 fall at least once per year
- => 1 in 8 patients hospitalised
- => 24% women and 33% men die within 1 year after fracture incidence
- => €15 billion a year

■ Loss of physical functions

- => e.g. musculoskeletal diseases and sarcopenia
- => major cause of physical disability and work loss
- => musculoskeletal conditions € 240 billion a year

Physical activity and healthy ageing

■ **Neurological degeneration**

- = > 60% of aged 65+ with dementia
- = > dementia incidence in 2030 – 40%
- = > €160 billion a year

■ **Multiple chronic conditions**

- = > 80% of people over 65 affected with heart failure, diabetes, depression, hypertension, osteoarthritis, osteoporosis etc.
- = > high risk of polypharmacy and adverse medicines events



Timeline: Progress so far...

26 November 2010

Stakeholder event

26 November 2010 -
28 January 2011

On-line public consultation

4 February 2011

European Council Conclusions

April 2011

Publication of the stakeholder
consultation report

2 May 2011

Steering Group's 1st meeting

Timeline: Next steps

May –
September 2011

Autumn 2011

End 2011

Further meetings of the SG

Strategic Implementation Plan
Council/EP political endorsement

Report with work progress

Thank you for your attention

