

UPDATE FROM PASEO ITALY

PASEO Italy has succeeded to gather partners from the different levels, where the Associated Partner and Coordinator of the Project is the **University of Verona**, Faculty of Exercise and Sport Science, the Collaborating Partner is the Regional Center for the promotion of Health, decision making, and implementation and the Alliance Partners are the Municipalities from the Brenta River area in the Veneto Region, the Health Unit nr. 13 Prevention Department and ANTEAS, National Association for the Third Age Active for Solidarity.

Lately there have been two **Alliance Meetings** by this Regional Alliance, one on the 27th April in Mira, (Venice) during which proposals have been set up by participants to develop and implement systematic actions for the promotion of physical activity and one on the 4th of May, with the purpose of assessing proposals made in the first meeting.

From the **Communication** point of view, the University of Verona has produced some documents, such as the Newsletter (in attachment) and some Press releases that are communicated to the main daily newspapers of the area, which have also been alerted about next Alliance Meeting that will be held on the 24th of June, besides all the series of training courses for Walking Leaders that have already been organized during the past months, on the same territory.

From the point of view of the **Evaluation of Resources**, one of the partners, the Prevention Department of ULLS 13 has promoted the production of a scientific study about the territory and all possible walking and biking trails, with technical evaluation of their features and classification.

Activities by the Alliance Partners that are planned to be implemented for the next future:

- A Shared Calendar of common initiatives and activities to be agreed upon by all partners, and coordinated by the Faculty of Sports Science of Verona and a Special PASEO Event, that will gather efforts and contributions from all partners.
- A Project to promote actions against sedentariness, promoted by ULSS 13 of the Veneto Region and in Cooperation with University of Verona, that will include the settlement of funds for the purchase of instruments such as Pedometers, that can be a motivation tool for people wanting to increase their physical activity.
- ANTEAS and the Associations of Elderly People of the Region, has activated a Project of Prevention using some of the funds given by the Region, and engage themselves with material, network, connections and funds, to promote the Walking activity in the region.



On the 22nd of May in Chioggia it took place the Walking day of “Camminare lungo il Lusenzo”, organized by ANTEAS, the Municipality of Chioggia (Venice) and the University of Verona.