



Svensk Allians för fysisk aktivitet hos äldre personer

*Swedish Alliance for physical activity promotion
among older people*



Sweden

Alliance Vision To increase the possibilities for older sedentary people to become physically active

Associated Partner **Karolinska Institutet**
Department of Neurobiology, Care Sciences and Society
<http://ki.se>

Collaborating Partner **Swedish National Pensioners' Organization**
www.pro.se

Alliance Partners
National Board of Health and Welfare
Swedish National Institute of Public Health
Municipality of Kristianstad
Swedish School of Sports and Health Sciences
Swedish Association for Senior Citizens
The Swedish National Association of Senior Citizens
Swedish Institute of Assistive Technology
Swedish Rheumatism Association
Swedish Gerontology and Geriatric Organization for Physiotherapists
SATS Sports Club
Swedish Sport Confederation
Friluftsförbundet - Outdoor-life for everyone

Contact Information
Karolinska Institutet
Division of Physiotherapy, 23100
c/o Dr. Kerstin Frändin
SE-14183 Huddinge
SWEDEN
kerstin.frandin@ki.se



- ▶ The alliance is so far the **only one** in Sweden to address **sedentary older people** in particular.
- ▶ The alliance has additional **external contacts** to **MPs** of Swedish National Parliament, the Swedish **National Centre for Research in Sports**, and the **Swedish Geriatric Association**.